

Name: \_\_\_\_\_

# **Saint Bernadette Catholic Church Youth Confirmation**



**2023-2024**

## **PURPOSE OF PREPARING FOR CONFIRMATION**

### **# 1309 Catechism of the Catholic Church**

*“Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit - his actions, his gifts, and his biddings - in order to be more capable of assuming the apostolic responsibilities of Christ’s life. To this end, catechesis for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community. The latter bears special responsibility for the preparation of confirmands.”*

All the elements of our preparation for Confirmation are intended to be means through which our youth are led “toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit” so that they may be “more capable of assuming the apostolic responsibilities of Christian life.”

**We cannot earn God’s gifts! Spending time in preparation is expected and necessary!**  
**Participation in Confirmation preparation is necessary and expected because it is meant to help the candidates be opened to receive the outpouring of the Holy Spirit in Confirmation.**

### ***Confirmation Preparation Contact***

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# My Discipleship foot S.T.E.P.S.

Use the following pages to help you keep track of events and activities that you participate in. You must pick 4 SERVE in Ministry & Mission below.

**SERVE** in Ministry & Mission to make a difference in the world! Be an **ACTIVE** disciple.

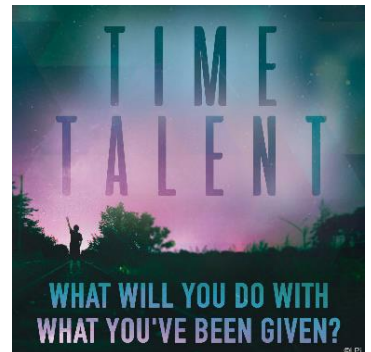
*“Love one another” John 13/34*

SERVE in Ministry & Mission	Documentation & Dates	
Ministries & Mission		
1) Volunteer for Children's Liturgy of the Word 4 times	Date:	
	Date:	
	Date:	
	Date:	
2) Altar Server for Sunday Mass 3 times	Date:	
	Date:	
	Date:	
3) Make Rosaries - Baptism Ministry (10 Rosaries)		
4) Vacation Bible School June 12 -16, 2023	Date:	
	Dates:	
5) Welcome Back/ Homecoming Event September date	Task:	
	Date:	
6) Write Cards for Nursing Homes, Military, Shut-ins, Family/Friends November 5, 2023, at 1:00 pm	Date:	
7) Packages for the Military: Send 2	Person:	Date:
	Person:	Date:
8) Youth Ministry Opportunities: Shred event	Date:	
9) Youth for Food/ Scout for Food September Date	Hand Out Flyers:	
	Collect Food:	
	Sort & Deliver:	
10) a. Decorate the Church for Christmas December 24, 2023	Date:	
b. Take Down Christmas Decorations at Church January 2024	Date:	

## **S**ERVE in ministry and mission - ACTIVE Disciple

*Goals:*

- ✓ *Identify and appreciate the gifts, passions and personality God has given you*
- ✓ *Identify what types of service you are passionate about (working with children or the elderly, the poor the lonely, the environment, etc.)*
- ✓ *Share your gifts, time, and talents inside (ministry) and outside (mission) the parish walls*



**Answer these questions.**

1. Look back over your **SERVE** checklist and your **SERVE Reflections**. How have you used your time and talent to **SERVE** others? How have these opportunities helped you grow as a disciple of Jesus?
  
  
  
  
  
  
  
  
  
  
2. What gifts from God did you use to **SERVE** others? Did you discover any gifts you didn't know you had? If so, what were they?
  
  
  
  
  
  
  
  
  
  
3. How do you plan to continue to **SERVE** in the future?

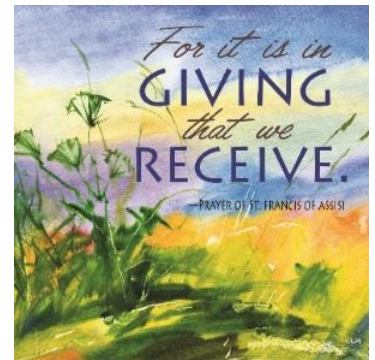
**Demonstrate your trust in God by TITHING 10%! Be a TRUSTWORTHY Disciple.**  
***“Blessing without measure” Malachi 3:10***

<b><u>TITHE</u> through sacrificial giving. Complete “2”</b>	<b>Date(s) you tithed MM/DD/YYYY</b>
Give to the parish from your own money, not your parents’	
Give to other charitable organizations from your own money/possessions	
Noticed blessings from God after sacrificing	
Other:	
Other:	

## **T**ITHE through sacrificial giving - TRUSTWORTHY Disciple

**Goals:**

- ✓ Understand that tithing means giving 10% of your earnings
- ✓ Understand that tithing is an important sign of your trust in God
- ✓ Practice offering money to God and noticing how God blesses you



**Answer these questions.**

1. Look back over your **TITHE** checklist. What actions have you taken to support the parish or the poor with your material possessions?
2. How has your trust in God grown because of **TITHING**? What choices have you made that were influenced by your trust in God? Did you notice any blessings from God?
3. How do you plan to keep **TITHING** in the future?

**ENGAGE to grow in faith and Christian friendships! Be a RELATIONAL Disciple.**  
***“Unity of the spirit” Ephesians 4:3***

<b><u>ENGAGE</u> in Formation &amp; Relationships COMPLETE ALL</b>	<b>Dates you attended MM/DD/YYYY</b>
Attend/Participate in Youth Ministry 4 Times	Date: Date: Date: Date:
Attend the Confirmation Retreat (TBA)	
<b>Make an effort to build friendships with others in your Youth Ministry Group</b>	New Friends:
<b>Read the Bible on your own: Select Book: Chapter-Verse(s)</b>	Document here:
<b>Learn a new fact about the faith!</b> Site Source	Fact Learned:  Site Source of Fact:
<b>Visit a Catholic Website</b>	Website:

## **E**NGAGE in formation & small group relationships - RELATIONAL Disciple

Goals:

- ✓ *Have friends at church with whom you feel comfortable sharing fun and faith!*
- ✓ *Have adults at church with whom you feel comfortable talking, asking questions about faith and discussing the faith!*
- ✓ *Grow in your understanding of the faith and how to keep growing!*

**Answer these questions.**

1. Look back over your **ENGAGE** checklist. Which **ENGAGE** opportunities did you participate in?
2. How have these **ENGAGE** opportunities helped you form relationships with peers and adults in this parish? How have you grown in your faith through these opportunities? Name at least
3. How do you plan to continue to **ENGAGE** in formation and small-group relationships?



**PRACTICE prayer & Sacraments to grow in love & closeness to Jesus!**  
**Be a Deeper Disciple!**

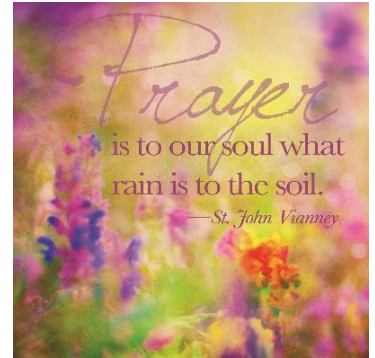
***“Pray without ceasing.” 1 Thessalonians 5:17***

<b><u>PRACTICE</u> prayer &amp; Sacraments All 3 below</b>	<b>Documentation</b>
Participate in Sunday Mass Weekly <i>12 Times</i>	1. 5. 9. 2. 6. 10. 3. 7. 11. 4. 8. 12.
Pray daily for a month (Sept., Oct., or Nov. Pick 1 month & document in a journal your prayers	Month: Journal: Bring to Discernment Interview 3
Go to Reconciliation at least once before the Rite of Confirmation	
<b>Other Practice Actions: Complete 5 below</b>	<b>Documentation</b>
3-Minute Daily Retreat – 3 times <a href="http://www.loyolapress.com">http://www.loyolapress.com</a>	Date: Date: Date:
Pray the Examen (numerous variations) 3 times – bring a copy of the Examen used to the Discernment Interview #3	Date: Date: Date:
Pray the Stations of the Cross	Date:
Praise God through music	Song Title:
Pray the Rosary: Circle one completed	Sorrowful Mysteries; Joyful Mysteries; Glorious Mysteries or Luminous Mysteries
Pray a novena	Title: Dates:
Pray when you wake up – Morning Prayer for 1 week	Dates: Journal & bring to Discernment Interview #3
Pray before going to sleep at night – Evening Prayer for 1 week	Date: Journal & bring to Discernment Interview #3
Pray before meals: 3 Times	Dates: Dates: Dates:
Learn and pray a newly written prayer.	Write the Prayer here.  Or in your Journal and bring to the Discernment Interview #3
Spend time in eucharistic Adoration praying with others	Date:

## **P**RACTICE prayer and the sacraments - DEEPER Disciple

Goals:

- ✓ *Weekly participation in Mass*
- ✓ *Explore different ways of praying and pray daily!*
- ✓ *Have a deep, personal relationship with Jesus!*



**Answer these questions.**

1. Look back over your **PRACTICE** checklist. In what ways did you **PRACTICE** prayer and sacraments with the church community? (Include how often you attended Mass and how you prayed along)
  
2. In what ways did you **PRACTICE** prayer by yourself or with your family? Which ones did you try for the first time?
  
3. What types of Prayer **PRACTICES** do you think you should continue or start using to help you grow in your relationship with Christ beyond Confirmation?



**SHARE the Gospel to bring the love of Jesus Christ to others! Be a BOLD Disciple!**

***“Be an instrument of salvation” Acts 13:47***

<b><u>SHARE</u> the Gospel</b>	<b>Date Completed &amp; Written Summary</b>
Listen patiently - Be selfless	Date: Summary:
Practice forgiveness, let go of grudges	Date: Summary:
Make amends with friends or siblings you may have fought with	Date: Summary:
Choose to avoid gossip when the opportunity to participate in it arises	Date: Summary:
Speak up for those who are being picked on or bullied	Date: Summary:
Perform Random Acts of Kindness for others	Date: Summary:
Encourage someone by your words or by sending them a card	Date: Summary:

# SHARE the Gospel - BOLD disciple



## Goals:

- ✓ *Get to know the people around you by listening to them and putting their needs first: building trusting relationships!*
- ✓ *Pray for a specific person who does not have a relationship with Christ!*
- ✓ *Explain your faith to someone with whom you have a trusting relationship!*

## Answer these questions.

1. Look back over your **SHARE** checklist. How have you **SHARED** your faith? In the church? In your school? In the community?
  
  
  
  
  
  
  
  
  
  
2. What difference did your **SHARING** make in the lives of others?
  
  
  
  
  
  
  
  
  
  
3. How do you plan to continue to **SHARE** the Gospel with others in the future?